

Our Workshops and Seminars

YB12 Coach is fast becoming the place to go for aspiring companies.

The reason for that is the psychology based pedigree of our programs.

We have a long and successful 25-year history with more than 200,000 people having already attended our workshops, introductory seminars or our one-on-one coaching sessions.

We are different because we offer programs from our bite sized 2-3 hour events right through to our comprehensive 12-month Results Program.



Our YB12 Coaches have your training needs covered.

If we had our way, you would choose the most powerful of our training options: our YB12 RESULTS program.

Why? It is impossible to imagine not getting a result when the staff of your entire organisation is galvanised, heart and soul, to the achievement of your company's mission; they each have a strategic action plan and are exposed to an empowerment program over 12 months to help them negotiate life better than ever before. However, we know that not all organisations want to engage for a whole year. That's why we offer the YB12 Program in shorter, in-house workshops, one-on-one coaching and even an option for selected staff to attend our Total Focus external seminar.



4PositiveGrowth is an authorised YB12 COACH

To discuss your coaching, development and training needs, please contact
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Each programme is also covered in more detail at <https://www.yb12coach.com/>

YB12 COACH is part of Life in Balance Careers Pty. Ltd