



THE POSITIVE IMPACT OF PQ FOR TEAMS

Only 20% of teams ever achieve 80% of their potential.

Does your team struggle with:

- Lack of trust
- Lack of transparency and collaboration
- Lack of purpose
- Lack of engagement
- Lack of focus on top priorities
- Lack of accountability

The source of these problems is not a lack of training or skills. It is a lack of “Mental Fitness,” the ability to respond to life’s challenges with a positive rather than a negative mindset. Most training creates short-lived positivity that fizzles soon after the event. But breakthroughs in neuroscience and behavior management have revealed a proven process for bringing out the best in people consistently and bringing that increased resilience to their teams and their work.

A team is only as strong as its people.

For a team culture to be strong, the members of the team must be mentally fit and positive; able to bounce back from difficulties and help others to do the same.

By investing 2% of your time, you can increase individual & team performance by 10–50%

By focusing just 2% of your time each week, you can build the Mental Fitness of your team, create the PQ Powered culture you need, and get the results you want in a way that brings deep fulfillment.



Performance



Retention



Happiness

Create a team culture with:

- Improved relationships, trust, and collaboration
- Lower stress and higher fulfillment
- Increase employee engagement and enthusiasm
- High retention of the best people
- Laser-like focus on the most important projects
- Increased stakeholder satisfaction



Building a mentally fit culture will take commitment, but it's worth it.

"A must for any individual or team serious about unleashing peak performance."
 Dean Morton, Former COO Hewlett-Packard

"This has been an extraordinary gift for my team. The concepts are phenomenal – a true revelation in the way to think and handle work and life's challenges." Jessica Herrin, CEO, Stella & Dot



Coaching to help you be at your best



To explore Positive Intelligence coaching for your team please contact –
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Discover more at <https://www.positiveintelligence.com/>